

**Does your family like spending time outside?**

**Do you ever wish you had the chance to try outdoor sports and learn new skills?**

The Families STEP OUTSIDE Program is designed to give families new outdoor experiences that will strengthen their appreciation for our natural environment.



You will be introduced to another family that has interests and experience in the outdoors and lives in the Indianapolis area. Together with expert instructors and

other outdoor families you will be able to learn, laugh, and make mistakes as your skills grow. You will be guided by both classroom activities/sessions and hands-on "learn-as-you" go strategies. The day is designed to help families get comfortable with the challenges and rewards of outdoor activities.

**Event is Free —  
Thanks to Sponsors!  
Lunch & Dinner  
Provided.**



You can pick from sessions that teach a wide range of recreational skills or learn identification skills that will help you discover many of the beautiful plants & animals in Indiana. The program will match up families who are new to these activities with families who have already tried many of these activities, so you always have someone to lean on and learn from. This day-long event will prepare you for future Family STEP OUTSIDE events and help your family create life-long outdoor hobbies!



**Note:** The Families STEP OUTSIDE Program can not accommodate toddlers — school age children only please.

**Fishing!**

**Horseback Riding!**

**Birding!**

**Biking!**

**Outdoor Cooking!**

**Canoeing!**

## CONTACT US

### NREC — Families STEP OUTSIDE

Fort Harrison State Park

5785 Glenn Road

Indianapolis, IN 46216

Phone: 317-562-1338

Fax: 317-562-0790

E-mail: [F50@dnr.in.gov](mailto:F50@dnr.in.gov)

[www.dnr.in.gov/fso](http://www.dnr.in.gov/fso)

## Lunch & Dinner Provided

**Orienteering!**

**Animals!**

**Disk Golf!**

**Hiking!**

**Archery!**

**Camping!**

**DNR** Indiana Department of Natural Resources

**You're Invited to**



**With Your Family**

**April 21, 2007**

**Fort Harrison State Park**

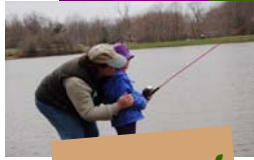
**11:30am — 8:30pm**



**Laughing, Learning, &  
Loving the Outdoors!**



# INDIANA FAMILIES...



**Catch em!**

## SESSIONS

11:30am — 8:30pm

**HIKING** — learn to plan an interactive hiking trip, read trail maps, and take a hike around the park.

**STICK TO STAFF** — learn to pick out a good hiking stick, how to use it, and craft your own by carving and decorating.

**BIRD WATCHING** — identify common birds, songs, and go bird watching around the park.

**SURVIVAL** — learn what to carry, how to use supplies, and practice what to do if you get lost.



**Ride!**

**HORSEBACK RIDING** — learn about equipment and guide your four-legged companion through the woods.

**DISK GOLF** — learn about equipment, where to go play, and practice throwing toward targets.

**MAP & COMPASS** — how to use a compass and follow a map, find your way to hidden clues.

**CAMPING BASICS** — learn what gear to bring, how it works, practice starting fires, and tying knots.

**CAMPFIRE SONGS & STORIES** — an after dinner activity for all families.

**NIGHT HIKE** — optional for everyone.



**Camp!**



**OUTDOOR COOKING** — learn to cook simple meals over an open fire or on a camp stove.

**PHOTOGRAPHY** — learn how to take great shots, what equipment to use, and what to do with all those pictures.

**WILDLIFE WATCHING** — identify common insects and mammals, where they live, and how to watch for them.

**FISHING** — learn how to bait hooks, types of equipment, where to fish for certain species, and practice casting.

**CANOEING** — practice strokes, steering, and learn where to go.

**BIKING** — ride through the park, learn about equipment, and tips for off-road maneuvering.

**ARCHERY** — learn how to aim and practice shooting.

**PLANT & TREE ID** — identify common plants and trees around the park and in your yard.

**FIRE ARMS TRAINING** — learn gun safety, equipment, and practice simulated shooting.

**BIRDS OF PREY PROGRAM** — see live birds and learn about their special features — an activity for all families.

**Cook!**



**Paddle!**



**Shoot!**



## Space is Limited — First Come First Serve Registration

Family Leader: \_\_\_\_\_

Family Members and Ages: \_\_\_\_\_

(school age children only) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_, \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

T-shirt sizes (adult or child): \_\_\_\_\_

How you heard about this: \_\_\_\_\_

Transportation needed: Y/N Return Address on Back of Form

Families will participate in four activity sessions.

**Activity Preference**

Please Rank 1 to 10 — 1 being your first choice

Hiking \_\_\_\_\_ Stick to Staff \_\_\_\_\_

Survival \_\_\_\_\_ Bird Watching \_\_\_\_\_

Disk Golf \_\_\_\_\_ Horseback Riding \_\_\_\_\_

Map & Compass \_\_\_\_\_ Camping Basics \_\_\_\_\_

Wildlife Watching \_\_\_\_\_ Outdoor Cooking \_\_\_\_\_

Fishing \_\_\_\_\_ Photography \_\_\_\_\_

Biking \_\_\_\_\_ Archery \_\_\_\_\_

Fire Arms Training \_\_\_\_\_ Canoeing \_\_\_\_\_

Plant & Tree ID \_\_\_\_\_